Waiver/Medical History Form

Student Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent Name:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Acknowledgement of Risk and Waiver of Liability

I understand that I (or my child) will be participating in a dance/fitness program with Dance & Company that will require some physical exertion. Although the most common injuries or symptoms associated with exercise involve sprains, strains, dizziness, fainting and/or discomfort in breathing, I recognize that there is a risk of serious injury associated with any dance/fitness program. Consequently, I was advised by the management of Dance & Company to obtain the approval of my doctor before beginning a dance/fitness program at Dance & Company (for myself or my child) especially if there has been a previous medical issue. Before beginning this program I was also asked by the management of Dance & Company whether I have any physical or mental limitations or whether I am taking any medications or receiving any medical treatment that might make it unsafe for me to participate in this dance/fitness program. There is no such limitation, medication or medical treatment other than those that I have listed below.

I understand that, by signing this statement, I (or my child) am agreeing not to hold Dance & Company or any of its employees, owners, agents or insurers responsible for any bodily injury that I may suffer as a result of my participation in a dance/fitness program through Dance & Company. I also understand that through this dance/fitness program, an instructor may need to occasionally physically correct me (or my child) to show proper placement in an exercise/movement, which can ultimately help prevent injuries.

Please list any medical issues that we need to be aware of:

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Photography/Videography Waiver:

I also understand that Dance & Company has the right to take photos or videos of me (my child) during class, at outside dance related events, or during our production and post them to our Facebook, Twitter and Blog as well as for advertising purposes inside and outside of the studio premise. The photos will only be of appropriate measure, related to dance or dance activities.

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Participant’s Signature

(or parent if a minor) Date